CANCER MIND CARE

Date: Nov 6 2026

Mind Matters: Navigating the Psychological Impacts of Head and Neck Cancer

This webinar delved into the multifaceted psychological challenges faced by individuals diagnosed with head and neck cancer, offering insights from nursing, consumer, psychology, and project management perspectives.

Viewers will explore how nurses play a critical role in identifying and supporting patients' mental health needs, hear firsthand experiences from a consumer navigating emotional and psychological impacts, and gain an understanding of evidence-based psychological interventions that enhance coping and resilience.

Additionally, the session highlights an innovative project approach (PREP-4-RT*) aimed at integrating comprehensive psychological care into oncology services to improve patient outcomes and quality of life. Learn practical strategies for managing the psychological burden of head and neck cancer across the care continuum.

*This project was funded by Western and Central Melbourne Integrated Cancer Service (WCMICS). Find out more about WCMICS at: www.vics.org.au/wcmics

The webinar will included four speakers:

- **Lora Winter** – a consumer perspective.
- **Meiling Zhou** – a nursing perspective.
- **Ella Sexton** – a psychology perspective
- **Hannah Ray** – a project perspective (PREP-4-RT)

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The authors acknowledge that it is possible that other relevant guidelines or scientific findings may have been published since the development of the website.